

# HOUSEHOLD EMERGENCY PLAN

COMPLETE THIS PLAN WITH ALL MEMBERS OF YOUR HOUSEHOLD

## YOUR HOUSEHOLD

Address

Name

Phone numbers

Name

Phone numbers

Name

Phone numbers

Name

Phone numbers

Name

Phone numbers

- 1.** If we can't get home or contact each other we will meet or leave a message at:

Name

Contact details

Name (back-up)

Contact details

Name (out of town)

Contact details

- 2.** The person responsible for collecting the children from school is:

Name

Contact details

- 3.** Emergency Survival Items and Getaway Kit

Person responsible for checking water and food

Items will be checked and replenished on:

(check and replenish at least once a year)

The Getaway Kits are stored in the

- 4.** The radio station (inc AM/FM frequency) we will tune in to for local civil defence information during an emergency

- 5.** Friends/neighbours who may need our help or who can help us

Name

Address

Phone

Name

Address

Phone

- 6.** On a separate sheet of paper draw a plan of the house showing places to shelter in an earthquake or storm, exits and safe assembly areas and where to turn off water, electricity and gas.

## IMPORTANT PHONE NUMBERS FOR POLICE, FIRE OR AMBULANCE CALL 111

Local Police station

Water Supplier

Medical Centre

Gas Supplier

Insurance Company

Electrician

Vet/Kennel/Cattery

Plumber

Electricity Supplier

Builder

Council Emergency Helpline

# HOUSEHOLD EMERGENCY CHECKLIST

## WHAT YOU WILL NEED TO GET THROUGH

### EMERGENCY SURVIVAL ITEMS

- Torch with spare batteries or a self-charging torch
- Radio with spare batteries
- Wind and waterproof clothing, sun hats, and strong outdoor shoes
- First aid kit and essential medicines
- Blankets or sleeping bags
- Pet supplies
- Emergency toilet - toilet paper and large rubbish bags
- Face and dust masks

Check all batteries every 3 months.

### FOOD AND WATER FOR 3 DAYS OR MORE

- Non-perishable food (canned or dried food)
- Food, formula and drinks for babies and small children
- Water (at least 3 litres per person, per day) for drinking
- Water for washing and cooking
- A primus or gas barbeque to cook on
- A can opener

Consider stocking a two-week supply of food and water for prolonged emergencies such as a pandemic. Check and replace food and water every twelve months.

### HOW TO STORE WATER

- Wash bottles thoroughly in hot water. Fill each bottle with tap water until it overflows. Add five drops of household bleach per litre of water (or half a teaspoon for 10 litres)
- Store in a cool dark place and replace the water every 12 months

### GETAWAY KITS

Everyone in the house should have a packed getaway kit in an easily accessible place which includes:

- Torch and radio with spare batteries
- Hearing aids and spare batteries, glasses or mobility aids
- Emergency water and easy-to-carry food rations
- Extra supplies of special dietary items
- First aid kit and essential medicines
- For infants or young children – formula and food, nappies
- Change of clothes (wind/waterproof clothing and strong outdoor shoes)
- Toiletries – towel, soap, toothbrush, sanitary items, toilet paper
- Blankets or sleeping bags
- Face and dust masks
- Pet supplies
- Important documents:
  - Identification (birth and marriage certificates/driver's licences and passports)
  - Financial ( insurance policies and mortgage)
  - precious family photos

### IF WE HAVE TO EVACUATE WE WILL:

- Take our Getaway Kit
- Turn off electricity and water
- Turn off gas only if we suspect a leak or if asked to do so by the authorities
- Take our pets with us

For more information visit the Civil Defence Emergency Management Office at your nearest council or

[www.getthru.govt.nz](http://www.getthru.govt.nz)

PRODUCED BY THE MINISTRY OF CIVIL DEFENCE AND EMERGENCY MANAGEMENT

**GET READY  
GET THRU**

